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EDUCATION

Fordham University, Bronx, NY
Doctor of Philosophy, 2000. Clinical Psychology.
Approved Program, American Psychological Association.
Master of Arts, 1995. Clinical Psychology.

Boston University, Boston, MA
Master of Education, 1988. Counseling Psychology.

University of Notre Dame, Notre Dame, IN
Bachelor of Arts, 1987. Psychology.

LICENSE

Licensed Psychologist, Florida (PY6420)
Examination for Professional Practice in Psychology, 2000.
Florida Laws and Rules Examination for Psychologists, 2000.

BOARD CERTIFICATION

Board Certified in Biofeedback (B6194)
Biofeedback Certification International Alliance, 2018 and 2022.

CLINICAL EXPERIENCE

2009-present **James A. Haley Veterans' Hospital**, Tampa, FL
Clinical Psychologist.

- Chronic Headache Management Program (CHAMP): Clinical Director of the 6-week, multidisciplinary, outpatient program that provides behavioral treatment for veterans with mostly chronic, daily headaches. Supervise the clinical care of eleven providers which includes a neurologist, an ARNP, two registered nurses, a physical therapist, two occupational therapists, a recreational therapist performing virtual reality sessions, a movement and dance therapist, and a lead medical support assistant. Provide Cognitive Behavioral Therapy for Headaches (CBT-HA) which is a new manualized treatment. Perform all initial evaluations for admission and all follow-up, outpatient, psychotherapy sessions. Create a supportive environment through weekly team building. Oversee all administrative duties including program development, scheduling, and responding to patient inquiries. Received COVID-19 Hero Award for Innovation during the pandemic (CHAI CARE Award, 10/22/2020).

- Tampa Headache Center of Excellence (HCOE): Lead Psychologist since 2018 assisting in the management and budgetary decisions to spend the allocated \$1,000,000 per year. Work closely with the lead neurologist and the Chief of Physical Medicine and Rehabilitation Services in the development of programs within the HCOE. Recommend providers needed in either a full-time or part-time capacity. Contribute to the completion of the yearly report card to ensure that administrative, clinical, educational, and research standards set by the national headache leadership are met. Train providers in the inaugural Cognitive Behavioral Therapy for Headache two-day workshop as a subject expert in the Contributing Factors and Acute Management of headaches.
- Biofeedback/Headache clinic: Sole pain psychologist that developed the outpatient biofeedback program to treat veterans suffering with headaches, chronic pain, anxiety, and stress. Perform individual psychotherapy, assessment, psychoeducation, and case management for veterans. Provide general biofeedback training in the areas of temperature, muscle tension, skin conductance, respiration, and heart-rate variability. Conduct respiration training for all veterans admitted to the Inpatient Chronic Pain and Rehabilitation Center.
- Other: Reviewed psychology intern applications yearly since 2009. Participate in seminars training pre-doctoral interns and post-doctoral students. Member of the Professional Standards Board from 2017 to 2020.

2002-present **Private Practice**, Tampa, FL

Provide evaluations and psychotherapy to individuals with a special interest in weight loss surgery, weight management, headache, biofeedback, spinal cord stimulators, and pain management. Populations include adults and adolescents. Certified in general biofeedback.

2002-2009 **Tampa General Hospital**, Tampa, FL

Clinical Psychologist.

- Burn Unit: Provided individual counseling and family therapy for all burn patients. Performed psychological evaluations and participated in treatment planning.
- Bariatric Surgery Service: Offered psychotherapy to individuals after bariatric surgery to further their recovery and to promote healthy changes in their lifestyles and eating patterns. Participated in the Bariatric Task Force to improve services to all bariatric patients.
- Rehabilitation Department: Conducted psychological assessments with brain and spinal cord injured patients. Furnished psychotherapy for individuals, couples, and families. Assisted in treatment and discharge planning.
- Continuing Education Coordinator: Organized educational workshops on psychological topics for psychologists and general hospital staff.

2007-2009 **USF Hope House for Eating Disorders**, Tampa, FL

Group Leader.

- Binge Breakers: Conducted 8-week group designed to support and educate individuals who were actively binge eating. Helped group participants reframe their thinking to understand and change unhealthy messages and behaviors related to overeating.

- **Friends and Family Support Group:** Provided monthly support group for parents, family members, and significant others to share their experiences of living with an individual who has an eating disorder. Assisted participants in determining how best to cope and balance concerns about their own health, the health of their family, and the health of the individual with the eating disorder.

2009

Geriatric Psychological Specialists, Tampa, FL

Consultant. Conducted individual psychotherapy with geriatric patients in two nursing facilities in Clearwater, FL. Assisted staff in the development of behavior treatment plans. Made recommendations for the adjustment of psychopharmacological regimens. Treated patients in the following settings: assisted living, general nursing, and locked dementia unit.

2002-2009

Spectra Healthcare, Tampa, FL

Staff Psychologist. Provided psychotherapy to individuals and families with a special interest in eating disorders, obesity, weight loss surgery, weight management, biofeedback, stress management, and pain management. Populations treated include adults, adolescents, and couples. Conducted workshops and made professional presentations (e.g., Gain Control Over Food and The Preparation and Management of the Weight Loss Surgery Patient).

- **Bariatric Program:** Performed psychological evaluations for patients seeking gastric bypass and gastric banding surgery. Provided individual and group psychotherapy to prepare patients for bariatric surgery and to address any post surgical issues (e.g., continued destructive eating, body image distortion, and mood disturbance).
- **Weight Management Program:** Provided brief behavior modification sessions to increase motivation, promote compliance, and decrease emotional eating. Collaborated with a physician, nutritionist, and exercise physiologist to furnish a comprehensive regimen of care.

2006-2007

Florida Medical Psychology Associates, Tampa, FL

Founding Partner. Promoted physical and mental health and wellness within primary care and specialty medical settings. Health psychology firm which offered psychotherapy and psychological assessment with an emphasis on brief problem focused interventions. Provided services to multiple physician practices throughout the Tampa Bay area.

2001-2002

University of South Florida Counseling Center for Human Development, Employee Assistance Program, Tampa, FL

Interim Assistant Director. Offered personal, group, career, and couple counseling to university employees. Provided consultations and intake evaluations. Conducted workshops on job stress and anger management. Explored research options and grant funding opportunities for the Counseling Center. Participated in committees devoted to retention and diversity issues.

- 2000-2001 **University of South Florida Counseling Center for Human Development,** Tampa, FL
Postdoctoral Resident. Provided personal and career counseling to students, couples, and university employees. Conducted therapy in a general, process group and a group for adult children of alcoholics. Supervised one practicum student. Conducted intake evaluations. Performed outreach activities, offered educational workshops (e.g., stress management), and acted as informal liaison to the Division of Sponsored Research. Participated in weekly, didactic seminars and one committee which addressed cultural and gender issues.
- 1999-2000 **St. Luke's-Roosevelt Hospital Center,** New York, NY
Psychology Intern. Performed two clinical rotations described below and conducted outpatient psychotherapy.
- **Adult Outpatient Psychiatry Clinic:** Provided individual, group, and couple counseling. Performed intake evaluations. Received supervision from a psychodynamic and cognitive-behavioral perspective.
 - **Comprehensive Addictions Program for Adolescents:** Provided individual therapy for four, dual diagnosed adolescents in a day treatment setting. Co-led weekly coping skills, recovery, and young men's group.
 - **Adult Inpatient Psychiatry Unit:** Served as primary clinician for adults diagnosed with severe Axis I disorders on a locked, inpatient unit. Conducted group therapy three times a week and co-led community meetings.
- 1998 **Prep for Prep,** New York, NY
Test Administrator. Performed cognitive assessments with gifted minority students applying for a program to help prepare them for private middle schools and private high schools.
- 1996-1997 **The Forensic Psychiatry Clinic for the Criminal and Supreme Courts,** New York, NY
Fourth Year Extern. Performed psychological evaluations on adults referred by the Criminal Court, Supreme Court, and Department of Probation. Client population included individuals with Axis I and Axis II disorders who were convicted of major felonies and substance related offenses.
- 1995-1997 **Bellevue Hospital,** New York, NY
Fourth Year Extern.
- **Behavioral Medicine Clinic:** Conducted consultations and psychotherapy with clients suffering from anxiety, somatoform, sexual, sleep, and mood disorders.
 - Third Year Extern. Completed two clinical rotations described below. Provided individual therapy for one adolescent and conducted group therapy on an adult, inpatient unit.
 - **Rehabilitation Medicine:** Performed psychotherapy and neuropsychological assessments on an inpatient, rehabilitation unit.
 - **Alcohol Outpatient Services:** Performed assessments and provided therapy on an outpatient, alcohol unit. Co-led a men's group and conducted intake sessions.

- 1994-1997 **Fordham University Counseling Center**, Bronx, NY
Fourth Year Extern; Graduate Assistant. Provided individual psychotherapy and vocational counseling. Performed intake evaluations. Organized and conducted educational workshops (e.g., study skills and time management).
- 1994-1995 **Inwood Community Services, Inc.**, New York, NY
Second Year Extern. Performed psychological evaluations on children and adolescents ranging in age from 6 to 15 years old. Provided individual psychotherapy for three school-age children.
- 1990-1993 **New England Medical Center**, Boston, MA
Emergency Room Master's Level Clinician. Evaluated and diagnosed individuals within an emergency room setting. Determined dispositions and recommended treatment plans. Clients suffered from Axis I and Axis II disorders and represented all ethnic and socioeconomic groups.
- 1988-1990 **Human Resource Institute**, Brookline, MA
Milieu Therapist. Developed and implemented interventions for milieu therapy in a private, psychiatric hospital. Experience on adolescent, locked, and open units.
- 1987-1988 **Veterans' Administration Outpatient Clinic Day Treatment Center**, Boston, MA
Boston University Intern. Performed supportive psychotherapy with two adults diagnosed with paranoid schizophrenia. Conducted group therapy for older adults with chronic schizophrenia and young adults with psychotic disorders.

RELATED EXPERIENCE

- 1998 **New York College of Podiatric Medicine**, New York, NY
Academic Advisor. Provided counseling and information to promote better study habits and improve academic performance.
- 1994-1995 **Fordham University**, Bronx, NY
Big Brother. Provided guidance and information to one first-year, clinical psychology, graduate student.
- Orientation Committee Member. Developed information packet to assist first-year, graduate students within the clinical psychology program.
- 1993 **Special Olympics**, Boston, MA
Volunteer. Assisted individuals with special needs participating in athletic events.
- 1986-1987 **University of Notre Dame**, Notre Dame, IN
Psychological Services Commissioner. Served in student government as a liaison between the students and University Counseling Center. Established first student advisory board to the University Counseling Center.

1984-1986 **Neighborhood Studies Help Program**, Notre Dame, IN
Captain of Northeast Side Center. Organized tutoring and counseling services for underprivileged, predominantly minority, school-age children. Counseled one child bi-weekly.

PEER REVIEWED PUBLICATIONS AND PRESENTATIONS

Takagishi, S.C., Grinberg, A., Lindsey, H., Goldman, R.E., Baird, S., Riley, S., Burrone, L., Sico, J.J., & Damush, T.M. (2022). *Headache Specialists' Perceptions of the Role of Health Psychologists in Headache Management: A Qualitative Study*. Manuscript in preparation.

Martin, A.M., Pinto, S., Tang, X., Hoffman, J., Wittine, L., Walker, W., Schwartz, D., Kane, G., **Takagishi, S.C.**, & Nakase-Richardson, R. Associations between early sleep-disordered breathing following moderate-to-severe traumatic brain injury (TBI) and long-term chronic pain status. *Journal of Clinical Sleep Medicine*. In press.

Martin, A.M., Pinto, S., Tang, X., Hoffman, J., Wittine, L., Walker, W., Schwartz, D., Kane, G., **Takagishi, S.C.**, & Nakase-Richardson, R. (2022, June). *Associations Between Early Sleep-Disordered Breathing Following Moderate-to-Severe Traumatic Brain Injury (TBI) And Long-Term Chronic Pain Status*. Poster presented at the American Academy of Sleep Medicine Annual Meeting.

Cotner, B.A., Nakase-Richardson, R., Agatrap, S., Martin, A., **Takagishi, S.C.**, Rabinowitz, A., Ching, D., O'Connor, D. R., & Hoffman, J (2022, August). *COVID-19 Impact on Delivery of Rehabilitation for Persons with TBI*. Poster presented at the Military Health System Research Symposium.

Grinberg, A., **Takagishi, S.C.**, & Eubanks, C.L. (2021, May 5) *Non-pharmacological approaches to headache management: CBT and Biofeedback* [Webinar]. Headache Evaluation and Management for Primary Care Webinar Series.
<http://va-eerc-ees.adobeconnect.com/hcoewebinars/>

Cotner, B.A., Deveney, C., Nakase-Richardson, R., Murphy, J., Martin, A., **Takagishi, S.C.**, Kane, G., Scott, S., & Hoffman, J (2020, October). *An Environmental Scan to Identify Current Chronic Pain Treatment Practices for Persons with Traumatic Brain Injury*. Poster presented at the meeting of the American Congress of Rehabilitation Medicine, Annual Conference, Virtual.

Agliata, D., **Takagishi, S.C.**, Clark, M.E., & Gironda, R.J. (2011, December). *Psychological Impact of War Among OEF/OIF Military Veterans*. Poster presented at the 8th Annual Blast Conference, Tampa, FL

Agliata, D., **Takagishi, S.C.**, Clark, M.E., & Gironda, R.J. (2011, August). *Psychological Impact of War Among OEF/OIF Military Veterans*. Poster presented at the American Psychological Association Convention, Washington, D.C.

Takagishi, S.C., Bosco, M.A., Rosse, T.A., Seiverd, J. & Clark, M.E. (2010, December). *Center for Post-Deployment Health and Education: An Integrated Behavioral Health Approach to Treatment*. Poster presented at the 7th Annual Blast Injury Conference, Tampa, FL.

Bosco, M.A., Clark, M.E., Walker, R.L., & **Takagishi, S.C.** (2010, May). *Post Deployment Multi-Symptom Disorder: An Integrated Behavioral Health Approach to Treatment*. Poster presented at the annual conference for the American Pain Society, Baltimore, MD.

Edwards, D., Albers, M., **Takagishi, C.**, Kaly, P., Rommel, E., & Straub, D. (2008, March). *A Multi-Disciplinary, Family-Based Approach to Pediatric and Adolescent Obesity and Eating Disorders*. Poster presented at the annual meeting for The Society for Adolescent Medicine, Greensboro, NC.

Edwards, D., **Takagishi, C.**, Albers, M., C., Kaly, P., Rommel, E., & Straub, D. (2008, March). A Multi-Disciplinary, Family-Based Approach to Pediatric and Adolescent Obesity and Eating Disorders. *Journal of Adolescent Health*, 42(2, Supplement 1), S29-S30.

Kaly, P., Orellana, S., **Takagishi, C.**, Koche, L., & Murr, M. (2006). Unrealistic weight loss expectations in candidates for bariatric surgery [Abstract]. *Surgery for Obesity and Related Diseases*, 2(3), 350.

Kaly, P., Orellana, S., **Takagishi, C.**, Koche, L., & Murr, M. (2006, June). *Unrealistic weight loss expectations in candidates for bariatric surgery*. Paper presented at the annual meeting of the American Society for Bariatric Surgery, San Francisco, CA.

Altabe, M., Kaly, P., & **Takagishi, S.C.** (2004, April). *Assessment of socially desirable responding in the assessment of pre-bariatric surgery patients: The Paulhus Deception Scale*. Paper presented at the annual meeting of the Academy for Eating Disorders, Orlando, FL.

Powers, P. S., **Takagishi, S.C.**, Brown, R., & Cruse, C.W. (2002, December). *Psychiatric guidelines for psychiatric disorders in burn patients: Evidence and experience*. Paper presented at the Regional Burn Conference, Louisville, KY.

Takagishi, S.C., & Demick, J. (1992, April). *Nonclinical Fears in College Students: Prevalence and Gender Differences*. Paper presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

RESEARCH

2022

James A. Haley Veterans' Hospital, Tampa, FL

Co-Principal Investigator. Titled: "Interdisciplinary Chronic Pain Rehabilitation and Headache Management." A proposed retrospective records review to evaluate differences in the multi-domain treatment outcomes among veterans who participated in an interdisciplinary inpatient, outpatient, virtual, or headache focused chronic pain rehabilitation program. Also seek to identify factors that influence the improvement or decline in their general functioning and life satisfaction (Data Collection in Progress, IRB Submission in Progress).

- 2022 **Headache Centers of Excellence Research and Evaluation Center, Veterans' Health Administration, West Haven, CT**
Consultant. Titled "Interactive CBT for Headache and Relaxation Training (iCHART)." A pilot study to evaluate the effectiveness of delivering Cognitive Behavioral Therapy for Headache (CBT-HA) to veterans with post-traumatic headache through the technology of interactive voice response (IVR) in order to improve the access of this treatment to veterans. iCHART uses one-way SMS messaging for motivational enhancement and daily IVR questions to assess pain intensity, stress, sleep, meals, skill practice, and interference. iCHART therapists examine the veterans' responses then record personalized messages tailored to address the veteran data captured through the IVR questions (Data Collection in Progress, IRB approved).
- 2020 **James A. Haley Veterans' Hospital, Tampa, FL**
Principal Investigator. Titled "Use of the Health Storylines App with Headache Patients in the Neurology Pain Management Clinic." Prospective, repeated measures pilot study to determine if veterans who use a headache app report a change in the severity, frequency, and duration of their headaches. Other outcomes may include general pain, level of functioning, degree of comorbidities, and quality of life. Additionally, an examination of compliance with treatment and the other effects veterans report during real-world, real-time monitoring of their behaviors during the usage of a digital health tool. (IRB approved).
- 1999 **Fordham University, Bronx, NY**
Dissertation. Titled "An Examination of Young Adults As They Separate From Their Parents: A Six Factor Approach." Through regression analysis, evaluated the influence of six factors upon college students as they separated from their parents. Results supported the proposed model and indicated that a young adult's level of emotional differentiation and ability to commit to entities outside of the family are significant individual predictors of the measured outcome variables.
- 1996 Pre-Doctoral Project. Titled "Assessing Murray Bowen's Concept of Differentiation: The Development of a Measure of Intrapersonal Differentiation." Developed an instrument to operationalize Bowen's concept of intrapersonal differentiation.
- 1991-1993 **Suffolk University, Boston, MA**
Participated in a study which examined the nonclinical fears of college students. Collected and analyzed data. Assisted in literature search.
- 1986-1987 **University of Notre Dame, Notre Dame, IN**
Gathered data on rodents to study the effect of cage size on alley traversal.

PRESENTATIONS

- 2022 **James A. Haley Veterans' Hospital, Tampa, FL**
Cognitive Behavioral Therapy for Headache (CBT-HA). Presented to the Pain Psychology Section within Mental Health and Behavioral Sciences Service. Areas focused on include the development of a behavioral treatment for veterans with headaches, a description of the key components of CBT-HA, and a demonstration of the treatment with a case presentation.
- 2020 **James A. Haley Veterans' Hospital, Tampa, FL**
Headache Center of Excellence (HCOE). Presented to the Pain Psychology Section within Mental Health and Behavioral Sciences Service. Topics presented included the history of the HCOE and its annual report card, new treatments for headaches, and how the interdisciplinary treatment program for headaches will be updated to account for these changes.
- 2020, 2016 **James A. Haley Veterans' Hospital, Tampa, FL**
Headaches: A Starting Point for Clinicians. Presented to Post-Doctoral Students and Pain Psychology Section within the Mental Health and Behavioral Sciences Service. Areas focused on included the diagnosis and classification of headaches, cognitive-behavioral treatment methods for headaches, and supervising an interdisciplinary team of professionals within a headache program.
- 2018, 2014 **James A. Haley Veterans' Hospital, Tampa, FL**
Introduction to Biofeedback. Presented to Rehabilitation Residents. Topics discussed were the agreed upon definition of biofeedback, the basic modalities of biofeedback, and the diagnoses appropriate for the use of biofeedback.
- 2012 **James A. Haley Veterans' Hospital, Tampa, FL**
Biofeedback: A Starting Point for Clinicians. Presented to Pain Psychology Section within the Mental Health and Behavioral Sciences Service. Topics discussed were the agreed upon definition of biofeedback, the basic modalities of biofeedback, and the diagnoses appropriate for the use of biofeedback.
- 2009 **Tampa General Hospital, Tampa, FL**
Parents Hold the Key to Children's Healthy Eating. Presented to parents of eight to twelve-year-old children participating in a four-week educational program focused on improving nutrition and physical activity within the Healthy and Fit for Life Program. Sponsored by Tampa General Hospital, More Health, and Steps to a Healthier Florida.
- 2008 **Florida Psychological Association, Pinellas Chapter, Pinellas, FL**
Treating the Overweight Patient: Initial Medical and Psychological Considerations. Co-presenter with George Northrup, M.D. to Florida psychologists interested in familiarizing themselves with the treatment needs of overweight patients. The presentation is an overview of general weight management techniques.

USF Hope House for Eating Disorders, Tampa, FL

Parent Training Workshop. Co-led workshop with Carol Simon (parent facilitator) to provide guidance and helpful information to parents of children who have been diagnosed with an eating disorder. Hope House is a community project sponsored by the University of South Florida to provide the Tampa Bay community with extensive outreach and supportive intervention groups.

2007

USF College of Public Health, Tampa, FL

Practical Approaches to Obesity Management in Adults. Co-facilitated the breakout session titled “Behavior Modification Techniques and Case Study” where behavior modification techniques were explained and applied to various case studies. Jointly sponsored by USF Health at the University of South Florida and the Florida Department of Health.

Practical Approaches to Obesity Management in Children & Adolescents. Presented how to assess a child’s readiness for behavior modification therapy and how to create healthy attitudes toward weight management within the family in a presentation titled “Behavioral and Psychological Considerations.” Jointly sponsored by USF Health at the University of South Florida and the Florida Department of Health.

USF Hope House for Eating Disorders, Tampa, FL

Parent Training Workshop. Co-led workshop with Pauline Powers, M.D. and Carol Simon (parent facilitator) to provide guidance and helpful information to parents of children who have been diagnosed with an eating disorder. Hope House is a community project sponsored by the University of South Florida to provide the Tampa Bay community with extensive outreach and supportive intervention groups.

Tampa General Hospital, Tampa, FL

Parents Hold the Key to Children’s Healthy Eating. Presented to parents of eight to twelve-year-old children participating in a four-week educational program focused on improving nutrition and physical activity within the Healthy and Fit for Life Program. Sponsored by Tampa General Hospital, More Health, and Steps to a Healthier Florida.

USF Health, Tampa, FL

Gain Control Over Food. Presented how to improve understanding of the reasons behind food choices and develop strategies to eat healthier in order to put individuals in control of the food they consume. Sponsored by the Lunch and Learn Series and Healthy & Fit for Life.

8th Annual Conference on Obesity. Co-facilitated the breakout session titled “Brief Motivational Interviewing” where brief motivational interviewing techniques were explained and applied to case studies of individuals with weight management problems. Sponsored by the University of South Florida College of Medicine.

- 2006 **Tampa General Hospital, Tampa, FL**
Parents Hold the Key to Children’s Healthy Eating. Presented to parents of eight to twelve-year-old children participating in a four-week educational program focused on improving nutrition and physical activity within the Healthy and Fit for Life Program. Sponsored by Tampa General Hospital, More Health, and Steps to a Healthier Florida.
- Obesity Sensitivity in a Medical Setting. Presented how health care providers can be more sensitive toward overweight individuals during conference titled “Psychology is Good Medicine.” Sponsored by the Psychology Division in the Rehabilitation Department at Tampa General Hospital.
- Psychological Considerations in Bariatric Patients. Presented the psychological aspects of the bariatric surgery patient to nursing staff participating in the Acute Care Transition Program. Sponsored by the Nursing Education Department at Tampa General Hospital.
- Psychological Considerations in Bariatric Patients: The Pre-Operative Evaluation. Presented the psychological aspects of the pre-operative evaluation for the bariatric surgery patients to the nursing staff on the primary bariatric surgery floor. Sponsored by the Nursing Education Department at Tampa General Hospital.
- 2005 **Tampa General Hospital, Tampa, FL**
Obesity Sensitivity in a Medical Setting. Presented how health care providers can be more sensitive toward overweight individuals during conference titled “New Advances in the Care of the Bariatric Patient.” Sponsored by the Bariatric Task Force at Tampa General Hospital.
- Florida Psychological Association, Bay Region Chapter, Tampa, FL**
The Preparation and Management of the Weight Loss Surgery Patient. Co-presenter to Florida psychologists interested in the pre-surgical evaluation, inpatient treatment, and postsurgical therapy of weight loss surgery patients.
- 2004 **Tampa General Hospital, Tampa, FL**
Psychological Considerations in Bariatric Surgery Patients. Facilitated workshop with staff at Tampa General Hospital regarding the psychological aspects of weight loss surgery for the treatment of morbid obesity.
- 2003 Your Relationship with Food. Presented to individuals considering bariatric surgery during a multi-disciplinary, mini-orientation session titled “Thinking about Weight Loss Surgery?”
- Burn 101. Conducted workshop with staff psychologists at Tampa General Hospital and psychology interns. Focused on introductory information related to burn injuries, burn care, and relevant psychological interventions.

2001 **University of South Florida Counseling Center for Human Development, Employee Assistance Program, Tampa, FL**
Managing and Expressing Anger Effectively. Presented workshop to university employees to help improve understanding of anger and develop techniques to manage anger more effectively.

Coping with Job Stress: Handling Workplace Pressure. Conducted workshop with university employees to better identify job stress and improve ability to cope with workplace stressors.

TEACHING/SUPERVISION

2002-2010 **University of South Florida College of Medicine, Department of Surgery, Division of General Surgery, Tampa, FL**
Affiliate Assistant Professor, Voluntary Faculty. Appointed position sponsored by three professors in the University of South Florida College of Medicine and approved by the Dean of the College of Medicine and the Chairman of the Department of Surgery. Member of the multi-disciplinary teams in the Bariatric Surgery Program and Burn Center at Tampa General Hospital. Participated in grant funded research.

2001 **University of South Florida Counseling Center for Human Development, Tampa, FL**
Individual Supervisor. Supervised one doctoral and one practicum student who performed time-limited individual psychotherapy, intake evaluations, group therapy, and career counseling.

1997-1998 **Fordham University, Bronx, NY**
Peer Supervision. Supervised three second-year, clinical students as a group with individual therapy cases, psychological evaluations, and general issues related to their externship.

1990-1993 **Tufts University School of Medicine, Boston, MA**
Psychopathology Discussion Group. Substitute section leader for second year medical students.

Psychiatric Emergency Room. Assisted in the teaching and supervision of third- and fourth-year medical students during their clinical clerkships.

SCHOLARSHIPS

1994-1996 **Fordham University, Bronx, NY**
Graduate Assistantship. Awarded stipend for duties performed in the Counseling Center at Fordham University.

1993-1996 **Fordham University, Bronx, NY**
Tuition Remission Scholarship. Offered by the Graduate School of Arts and Sciences at Fordham University to pay all tuition for one academic year. Renewed twice.

PROFESSIONAL AFFILIATIONS

Current American Headache Society, Member
 Association for Applied Psychophysiology and Biofeedback, Regular Member
 Biofeedback Society of Florida
 President, 2020 to Present
 Board Member, 2017 to 2019

Past American Pain Society, 2009 to 2014
 American Society of Metabolic and Bariatric Surgery
 Associate Member, 2002 to 2009
 Florida Psychological Association, 2002 to 2012
 President, Bay Region Chapter, 2005 to 2008
 Secretary, Bay Region Chapter, 2002 to 2012